



# Activities Programme



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The Nicky



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# SAVE THE DATE!

**DRESS UP MONDAY TO CELEBRATE PURIM.**

**MONDAY 25<sup>TH</sup> MARCH**



**THURSDAY 1 FEBRUARY**

- 10.00 am & 1.00 pm    **ART CLASS** in the **Art Studio**
- 11.00 am                **YOGA** in the **Lounge**
- 11.00 am                **Discussion** in the Rem Room with **Mandy Glancy**
- 2.00 pm                 **ENTERTAINMENT** in the **Lounge**  
An enjoyable afternoon with **Teresa Harper**



**Shabbat begins tomorrow at 4.35pm and ends at 5.50pm**

## MONDAY 5 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**  
11.00 am **Discussion** in the lounge with **Martin Mann**  
2.00 pm **Jack Maurer** entertains in the **Lounge**



## TUESDAY 6 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**  
11.00 am **YOGA** in the **Lounge** with **Carrie**  
11.00 am **Reminiscence** with **Jackie**  
2.00 pm **ENTERTAINMENT** in the **Lounge**  
The talented **Rebecca**

## WEDNESDAY 7 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**  
11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**  
11.00 am **Bingo** in the **Lounge** with **Martin Mann**  
2.00 pm **ENTERTAINMENT** in the lounge  
The enjoyable **Simon Caplan**



## THURSDAY 8 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**  
11.00 am **YOGA** in the **Sun Lounge** with **Carrie**  
11.00 am **Discussion** in the **Lounge** with **Ann Cohen**  
2.00 pm **ENTERTAINMENT** in the **Lounge**  
The delightful **KC**

**Shabbat begins tomorrow at 4.48pm and ends at 6.03pm**

## MONDAY 12 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Discussion** in the **Lounge** with **David Marks**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
The fabulous **Marjorie & Lee**



## TUESDAY 13 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Lounge**
- 11.00 am **Reminiscence** with **Iris & Barbara**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
The delightful **Guy Manrin**

## WEDNESDAY 14 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**
- 11.00 am **A Quiz** with **Martin Mann**
- 2.00 pm **ENTERTAINMENT** in the lounge  
The Fabulous **Karl Benedict**



## THURSDAY 15 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Sun Lounge** with **Carrie**
- 11.00 am **Discussion** in the lounge with **Michael White**
- 2.00 pm **ENTERTAINMENT** in the Lounge  
With **Chazan Isdale & Friend**

**Shabbat begins tomorrow at 5.02pm and ends at 6.16pm**

## MONDAY 19 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 **Discussion** in the lounge with **Martin Mann**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
With the marvellous **Mike Nield**

## TUESDAY 20 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Sun Lounge**
- 11.00 am **Reminiscence** with **Janet & Ruth**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
**NEW TO THE NICKY: Rose Oleria**



## WEDNESDAY 21 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**
- 11.00 am **Bingo** in the Lounge with **Martin Mann**
- 2.00 pm **King David Nursery** kids coming in

## THURSDAY 22 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Yoga** in the **Sun Lounge** with **Carrie**
- 11.00 am **Discussion** in the Lounge with **Ann Cohen**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
An enjoyable afternoon with **Dave Francis**



**Shabbat begins tomorrow at 5.16pm and ends at 5.38pm**

## MONDAY 26 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Discussion** in the Lounge with **Gary Bland**
- 2.00 pm **ENTERTAINMENT** in the Lounge  
With the tuneful **Matt Derry**

## TUESDAY 27 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Sun Lounge**
- 11.00 am **Reminiscence** with **Cynthia & Frances**
- 2.00 pm **ENTERTAINMENT** in the Lounge  
The delightful **Barbara Paul**



## WEDNESDAY 28 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**
- 11.00 am **Quiz** in the Lounge with **Martin Mann**
- 2.00 pm **ENTERTAINMENT** in the Lounge  
**NEW TO THE NICKY: THE HONEY BADGERS**

## THURSDAY 29 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Yoga** in the **Sun Lounge** with **Carrie**
- 11.00 am **Discussion** in the Lounge with **Jonathan Davies**
- 2.00 pm **ENTERTAINMENT** in the Lounge  
An enjoyable afternoon with **Brad Nelson**



**Shabbat begins tomorrow at 4.21pm and ends at 6.28pm**



Mazeltov!



**YOU CAN ORDER  
BIRTHDAY CAKE, KICHELS, DANISH etc!**



**Leah Enakar, Gillian Schwalbe, Miriam Zieder & Shirley Sheldon celebrated their birthdays**

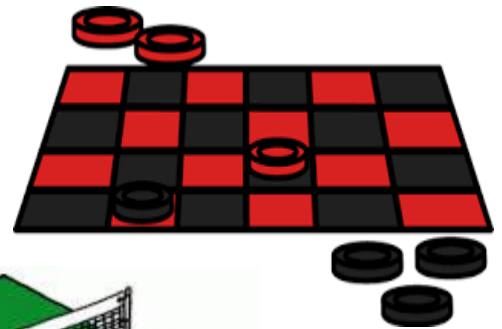
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## ***GAMES ROOM***

The Sun Lounge next to the Dining Room has been turned into a Games Room.

Rummikub, Kalooki, Draughts, Table Tennis and other games are available.

Competitions will be held (but gambling is not allowed 😊)





# SUPPORTING THOSE WHO SUPPORTED US



COMMUNITY FUNDRAISING CAMPAIGN

SUNDAY 18TH FEBRUARY &  
MONDAY 19TH FEBRUARY 2024

**On Sunday 18<sup>th</sup> and Monday 19<sup>th</sup> February, The Nicky will be holding a Fundraising Campaign.**

**Please encourage your friends and family to donate!**

**Online donations can be made on both days.**

**Donations in person or on the phone can be made on Monday 19<sup>th</sup> February between 9.00am and 5pm.**



# Word Search

## SPRING

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

Y O U N C A S N C U T A L L  
T P H R E D S U N S H I N E  
F L L O U G N I M R A W O W  
E A B B E B U T T E R F L Y  
S N L W R T S B S N I A R U  
R T O E W T A R B G R A S S  
E Y S N O O E V U I T C A N  
W S S N O W B T I U R K E B  
O M O E O W T N O T P D R S  
H R M L G H I R I P L E S R  
S O F I A R P N N A E U G F  
R T O W M S O C D Z R O C M  
I S N G Q R D W E L R R J Q  
N L J N P T S D U O L C N P

By Jimmy and Evelyn Johnson - [www.qets.com](http://www.qets.com)

Birds  
Blossom  
Breeze  
Buds  
Butterfly  
Clouds  
Cultivate

Flowers  
Grass  
Grow  
Newborn  
Plant  
Rain  
Rainbow

Showers  
Sprout  
Storms  
Sunshine  
Thaw  
Warming  
Wind



**The hair salon is open every other Tuesday and every Thursday.  
If you would like an appointment,  
tell one of the carers as soon as you come in,  
so you don't miss out!**

\*\*\*\*\*



**Don't forget our wonderful Convenience Shop  
is open for all our essential toiletries,  
confectionery, cards and gifts.**

\*\*\*\*\*



**Appointments are for any day - open to all members.  
Please make an appointment by speaking to one of the carers.  
Cost £25.00**