



# Activities Programme



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The Nicky



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@nicky\_alliance

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[www.mjcc.org.uk](http://www.mjcc.org.uk)

## MONDAY 1 APRIL

**BANK HOLIDAY – CENTRE CLOSED**

## TUESDAY 2 APRIL

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**  
11.00 am **YOGA** in the **Lounge** with **Carrie**  
11.00 am **Reminiscence** with **Jackie**  
2.00 pm **ENTERTAINMENT** in the **Lounge**  
The fabulous **Karl Benedict**



## WEDNESDAY 3 APRIL

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**  
11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**  
11.00 am **Bingo** in the **Lounge** with **Martin Mann**  
2.00 pm **ENTERTAINMENT** in the **Lounge**  
The tuneful **Dave Francis**

## THURSDAY 4 APRIL

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**  
11.00 am **YOGA** in the **Sun Lounge** with **Carrie**  
11.00 am **Discussion** in the **Lounge** with **Mandy Glancy**  
2.00 pm **ENTERTAINMENT** in the **Lounge**  
Your favourite **Bernie 'Elvis' Clayton**



**Shabbat begins tomorrow at 7.35pm and ends at 8.49pm**

## MONDAY 8 APRIL



- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Discussion** in the **Lounge** with **Ann Cohen**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
The talented **Teresa Harper**

## TUESDAY 9 APRIL

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Lounge**
- 11.00 am **Reminiscence** with **Iris & Barbara**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
Super **Steve Weston**

## WEDNESDAY 10 APRIL

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**
- 11.00 am **Quiz** in the **Lounge** with **Martin Mann**
- 2.00 pm **ENTERTAINMENT** in the **lounge**  
The brilliant **Brad Nelson**



## THURSDAY 11 APRIL

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Sun Lounge** with **Carrie**
- 11.00 am **Discussion** in the **lounge** with **Tania Nelson**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
With the remarkable **Rebecca**

**Shabbat begins tomorrow at 7.47pm and ends at 9.03pm**

## MONDAY 15 APRIL

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 **Discussion** in the lounge with **Marvyn Moore**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
With the marvellous **Tony Brunner**

## TUESDAY 16 APRIL

### MODEL SEDER

- 10.00-10.50 am  
& 1.00 pm **ART CLASS** in the **Art Studio**
- From 11.00 am **Model Seder with Rabbi Daniel Walker**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
With favourites **The Warners**



## WEDNESDAY 17 APRIL

### MODEL SEDER

- 10.00-1050 am  
& 1.00 pm **ART CLASS** in the **Art Studio**
- From 11.00 am **Model Seder with Rabbi Ephraim Guttentag**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
An enjoyable afternoon with **Rose Oleria**



## THURSDAY 18 APRIL

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Yoga** in the **Sun Lounge** with **Carrie**
- 11.00 am **Discussion** in the Lounge with **David Marks**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**  
The talented **Simon Caplan & Friends**

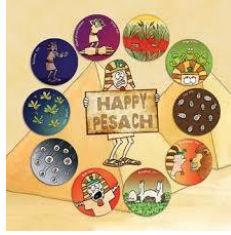


**Shabbat begins tomorrow at 8.00pm and ends at 9.18pm**



**MONDAY 29 APRIL**

**CENTRE CLOSED**



**Light Candles for Yom Tov at 9.38pm**

**TUESDAY 30 APRIL**

**CENTRE CLOSED**



**Yom Tov ends at 9.40pm**

***WE LOOK FORWARD TO WELCOMING YOU BACK TO  
THE NICKY ON WEDNESDAY, 1<sup>ST</sup> MAY***

Mazeltov!

YOU CAN ORDER  
BIRTHDAY CAKE, KICHELS, DANISH etc!



Dina Bass celebrated her birthday.

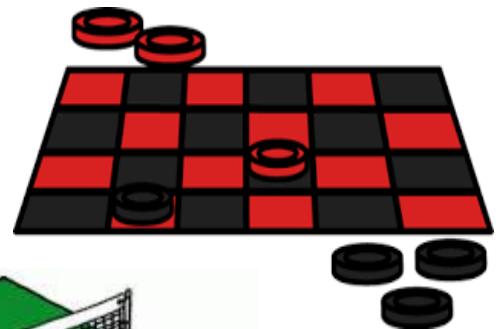
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## ***GAMES ROOM***

The Sun Lounge next to the Dining Room has been turned into a Games Room.

Rummikub, Kalooki, Draughts, Table Tennis and other games are available.

Competitions will be held (but gambling is not allowed 😊)





# Things to look forward to at The Nicky

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## Model Seders

Tuesday 16<sup>th</sup> April 2024  
Wednesday 17<sup>th</sup> April 2024



If these are not your usual day to attend, please let Karen know which day you would like to join us.

## Barge Trips

£30.00 per person

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~~Monday 13<sup>th</sup> May 2024~~ **FULL**

Wednesday 5<sup>th</sup> June 2024 **2 PLACES REMAINING**

Wednesday 17<sup>th</sup> July 2024

Monday 19<sup>th</sup> August 2024



Only one trip per person

A maximum of 8 members on a first come first served basis.

be paid in full to Karen

I.....

Would like to attend the Barge Trip on

Wednesday 5<sup>th</sup> June 2024

Wednesday 17<sup>th</sup> July 2024

Monday 19<sup>th</sup> August 2024



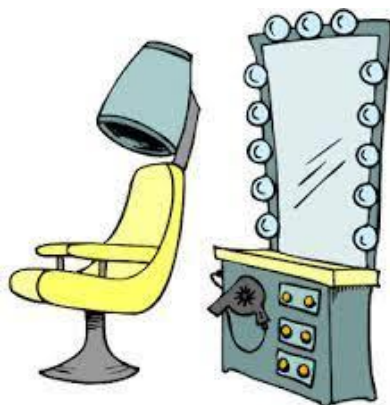
## RECENT ACTIVITIES AT THE NICKY



Members enjoyed decorating plant pots for our garden.

## *Purim at The Nicky*





**The hair salon is open every other Tuesday and every Thursday.  
If you would like an appointment,  
tell one of the carers as soon as you come in,  
so you don't miss out!**

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**Don't forget our wonderful Convenience Shop  
is open for all our essential toiletries,  
confectionery, cards and gifts.**

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**activ**  
PODIATR



**Appointments are for any day  
Please make an appointment by speaking to one of the carers.  
Cost £25.00**